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Criminal and Violent Acts: Unfavourable on Personality Traits of Individuals

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Abstract

The individuals, belonging to deprived, marginalized and economically weaker sections of the society get subjected to different types of criminal and violent acts. These have unfavourable effects on the physical as well as psychological health conditions of the individuals. Furthermore, these have unfavourable effects on the overall personality traits of individuals. These acts are experienced by individuals within personal and professional lives. In other words, the family and community members are involved in these acts. Furthermore, individuals are required to be well-equipped in terms of various types of ways that are facilitating in curbing different types of criminal and violent acts. Throughout the lives of the individuals, they are required to be well-equipped in terms of traits of morality, ethics, diligence and conscientiousness. These are essential in emerging into moral and ethical human beings. Furthermore, one will contribute efficiently in treating others with respect and courtesy. As a consequence, there will not be any room for occurrences of criminal and violent acts. One of the important aspects is, in this manner, individuals will render an important contribution in forming cordial and amiable terms and relationships with each other. Therefore, it is understood on a comprehensive basis that criminal and violent acts are unfavourable on personality traits of individuals. The main concepts that are taken into account in this research paper are, measures to be implemented in eliminating different types of criminal and violent acts, effects of criminal and violent acts and eliminating criminal and violent acts are essential in leading to progression.

Keywords: Criminal, Eliminating, Health, Individuals, Personality Traits, Physical, Psychological, Violent Acts

Introduction

The individuals, belonging to all communities, categories and socio-economic backgrounds get subjected to various types of criminal and violent acts. Some of these are verbal abuse, physical abuse, emotional abuse, neglect, mistreatment, discriminatory treatment, acid attacks, rape, grievous hurt, child trafficking, child marriage and domestic violence. These are experienced in a major or minor form. These have detrimental effects on the physical as well as psychological health conditions of the individuals. Hence, it is vital for individuals to be well-informed in terms of all types of ways that are necessary in alleviating different types of criminal and violent acts (Chaudhary, 2013). It is necessary for individuals to be well-equipped in terms of the factor that one needs to form positive viewpoints in terms of all the individuals. The formation of positivity in viewpoints and perspectives will be facilitating in curbing all types of criminal and violent acts. Therefore, it can be stated, honing communication skills is regarded as vital in forming cordial and amiable terms and relationships with each other.

The individuals are required to communicate with each other in an effective manner. The communication processes takes place in a verbal and written form. Verbal communication takes place face to face or over the phone, whereas, written communication takes place through exchanging messages and emails. One needs to be well-informed in terms of communication ethics, i.e. making use of polite language and decent words; treating each other with respect and courtesy; making provision of factual information; depicting the traits of helpfulness and co-operation and possessing an approachable nature and an amiable attitude (DePanfilis, 2006). Furthermore, one needs to hone interactive abilities in a satisfactory manner. In addition, they need to reinforce a constructive approach. Hence, it is well-understood, when one is implementing effective communication processes, one will be able to contribute efficiently in alleviating different types of criminal and violent acts. Therefore, it is well-understood that as a consequence of honing communication skills and interactive abilities, one will be able to develop mutual understanding. Hence, different types of criminal and violent acts will be eliminated.

Measures to be implemented in Eliminating different Types of Criminal and Violent Acts

The individuals, belonging to all occupations, categories and socio-economic backgrounds get subjected to different types of criminal and violent acts. They are the victims and doers. The occurrences of various types of criminal and violent acts are detrimental on the physical and psychological health conditions of the individuals. The terms and relationships of the individuals get impeded, when there are occurrences of these acts. The family and community members are victims and doers (Adigun, Mikhail, & Krawiec, n.d.). The individuals are required to augment information in terms of measures to be put into operation in order to curb different types of criminal and violent acts.

These are complicated and manageable, these are put into operation in more amount of time or can be less time-consuming and can be implemented on one's own or through obtaining support and assistance from family and community members. One of the important aspects that needs to be taken into account is, positivity needs to be reinforced in all these measures. In other words, these are required to be put into operation in a well-ordered and regimented manner. In this manner, one will not only reinforce pleasantness in terms and relationships, but one will render an important contribution in carrying out different types of tasks in a successful manner. Therefore, measures to be implemented in eliminating different types of criminal and violent acts are stated as follows:

Forming Positive Viewpoints regarding all Individuals

It is necessary for individuals to be well-equipped in terms of the factor that one needs to form positive viewpoints in terms of all the individuals. The formation of positivity in viewpoints and perspectives will be facilitating in curbing all types of criminal and violent acts. In this manner, one will be able to contribute efficiently in eliminating different types of criminal and violent acts. Hence, it can be stated, reinforcement of positivity in viewpoints and perspectives is regarded as vital in forming cordial and amiable terms and relationships with each other.

As a consequence, one will be able to put into practice communication processes in a satisfactory manner; treat each other with respect and courtesy; make provision of factual information and possess an approachable nature and amiable attitude. One of the important aspects that needs to be taken into account is, one needs to reinforce the traits of helpfulness and co-operation. These are regarded as essential in promoting well-being and goodwill of all individuals. Furthermore, one will be able to develop mutual understanding with all individuals, including family and community members. Therefore, forming positive viewpoints regarding all individuals is regarded as one of the indispensable measures to be implemented in eliminating different types of criminal and violent acts.

Reinforcing a Constructive Approach

The individuals are required to put emphasis on reinforcement of a constructive approach. This approach is facilitating in curbing all types of criminal and violent acts. In this manner, one will be able to contribute efficiently in creating a peaceful and pleasant environment within homes. Hence, from the stage of early childhood, throughout the lives of the individuals, they are required to be well-informed in terms of meaning and significance of constructive approach. Furthermore, one needs to put in their best efforts in leading to up-gradation of this approach. This approach is regarded as essential in promoting well-being and goodwill of all individuals.

Furthermore, one will be able to develop mutual understanding with all individuals, including family and community members. One of the important aspects that needs to be taken into account is, one needs to reinforce the traits of helpfulness and co-operation. These are regarded as essential in promoting well-being and goodwill of all individuals, within and outside the homes. Furthermore, one will be able to form cordial and amiable terms and relationships with all individuals, including family and community members. Therefore, reinforcing a constructive approach is one of the significant measures to be implemented in eliminating different types of criminal and violent acts.

Implementing Effective Communication Processes

The individuals are required to communicate with each other in an effective manner. The communication processes takes place in a verbal and written form. Verbal communication takes place face to face or over the phone, whereas, written communication takes place through exchanging messages and emails.

One needs to be well-informed in terms of communication ethics, i.e. making use of polite language and decent words; treating each other with respect and courtesy; making provision of factual information; depicting the traits of helpfulness and co-operation and possessing an approachable nature and an amiable attitude.

Furthermore, one needs to hone interactive abilities in a well-ordered and satisfactory manner. In addition, they need to reinforce a constructive approach. Hence, it is well-understood, when one is implementing effective communication processes, one will be able to contribute efficiently in alleviating different types of criminal and violent acts. Hence, it is well-understood that as a consequence of honing communication skills and interactive abilities, one will be able to develop mutual understanding. In this manner, different types of criminal and violent acts will be eliminated within and outside the homes. Therefore, implementing effective communication processes is an expedient measure to be implemented in eliminating different types of criminal and violent acts.

Treating others with Respect and Courtesy

The individuals are required to treat others with respect and courtesy. The individuals are different from each other in terms of different factors, i.e. castes, creeds, races, religions, ethnicities, genders, educational qualifications, occupations, categories, cultures, communities and socio-economic backgrounds. In spite of these differences, one needs to work with each other in a satisfactory manner. The individuals need to understand that treating others with respect and courtesy will be facilitating in promoting well-being and goodwill of others. In this manner, there will not be any room for any types of criminal and violent acts. As a consequence, one will contribute efficiently in alleviating different types of criminal and violent acts.

Furthermore, one will render an important contribution in promoting satisfaction among others. In addition, they need to reinforce positivity in viewpoints and perspectives. Hence, it is well-understood, when one is reinforcing respectfulness and courteousness, one will be able to contribute efficiently in alleviating different types of criminal and violent acts. Hence, it is well-understood that as a consequence of honing communication skills and interactive abilities, one will be able to develop mutual understanding. In this manner different types of criminal and violent acts will be eliminated within and outside the homes. Therefore, treating others with respect and courtesy is an eminent measure to be implemented in eliminating different types of criminal and violent acts.

Honing Listening Skills

The individuals are required to put emphasis on leading to up-gradation of listening skills. The listening skills are facilitating in acquiring an efficient understanding of different types of subjects and concepts. The individuals are required to make sure that they reinforce positivity in their viewpoints and perspectives. In cases of occurrences of any types of problems and challenging situations, one needs to discuss the matters with each other in a polite and decent manner. This will be facilitating in coming to a conclusion in a peaceful manner. Furthermore, one will ensure, they are well-aware in terms of tasks and activities. In addition, one will be able to eliminate different types of criminal and violent acts.

It is well-understood, when one is reinforcing listening skills, one will be able to contribute efficiently in alleviating different types of criminal and violent acts. Hence, it is well-understood that when one is communicating and treating each other with respect and courtesy, one will be able to form cordial and amiable terms and relationships with each other. In this manner, different types of criminal and violent acts will be eliminated within and outside the homes. Therefore, honing listening skills is a renowned measure to be implemented in eliminating different types of criminal and violent acts.

Being well-informed in terms of Job Duties and Responsibilities

The individuals, belonging to all occupations, communities, categories and socio-economic backgrounds are required to be well-informed in terms of different types of job duties and responsibilities. These are to be carried out within and outside the homes. These are manageable as well as complicated. Furthermore, these are put into operation in more amount of time or can be less time-consuming and can be implemented on one's own or through obtaining help from others, including family and community members. Hence, possession of adequate information in terms of these will be facilitating in acquiring appreciation and reverence from others, including family and community members.

As a consequence of doing well in these and generating desired outcomes, one will be able to render an important contribution in eliminating different types of criminal and violent acts. The reason being, one may get infuriated, when one is not putting into operation different types of job duties and responsibilities in a well-ordered manner. Furthermore, one will experience setbacks within the course of achievement of desired goals and objectives. As a consequence, one feels angry and frustrated and implement verbal and physical abuse. This takes place in one's personal and professional lives. Therefore, being well-informed in terms of job duties and responsibilities is a meaningful measure to be implemented in eliminating different types of criminal and violent acts.

Being well-aware in terms of Methodologies and Procedures

It is necessary for individuals to be well-informed in terms of different types of methodologies and procedures. These are referred to the ways of carrying out all types of tasks and activities in a well-ordered and regimented manner. These are manageable as well as complicated. Furthermore, these are put into operation in more amount of time or can be less time-consuming and can be implemented on one's own or through obtaining help from others, including family and community members. Hence, possession of adequate information in terms of these will be facilitating in acquiring appreciation and reverence from others, including family and community members. With advancements taking place, it is necessary for individuals to augment information regarding different types of modern, scientific and innovative methods and materials.

As a consequence of generating information regarding these, one will be able to render an important contribution in eliminating different types of criminal and violent acts. The reason being, one may get overwhelmed by the feelings of anger and frustration, when one is not putting into operation different types of job duties and responsibilities in a well-ordered manner. Furthermore, one will experience setbacks within the course of achievement of desired goals and objectives. As a consequence, one feels angry and frustrated and put into practice verbal and physical abuse. This takes place in one's personal and professional lives. Therefore, being well-aware in terms of methodologies and procedures is a worthwhile measure to be implemented in eliminating different types of criminal and violent acts.

Managing Financial Resources

The financial resources are the monetary resources. These are essential in making purchases of various items, acquiring services from service providers, commuting from one place to another and fulfilling different types of needs and requirements. Hence, one needs to be well-informed in terms of ways of managing financial resources in an adequate manner. The individuals, belonging to poverty-stricken, deprived and economically weaker sections of the society experience various types of criminal and violent acts within and outside their homes. The main reason being, they are required to give up their hopes and aspirations due to lack of financial resources. Their children aspire to study in good and reputed educational institutions, but due to lack of financial resources, one needs to give up hopes and aspirations.

This enables the individuals to experience setbacks within the course of achievement of desired goals and objectives. As a consequence, one feels angry and frustrated and put into practice different types of criminal and violent acts. Hence, it is necessary to be well-equipped in terms of different types of job duties and responsibilities, which are facilitating in bringing about improvements in their financial positions. In this manner, one will contribute efficiently in eradicating all types of criminal and violent acts. Therefore, managing financial resources is a noteworthy measure to be implemented in eliminating different types of criminal and violent acts.

Developing Mutual Understanding with each other

The individuals in their personal and professional lives are required to carry out different types of job duties and responsibilities in a satisfactory manner. These are put into operation on one's own or through taking help and support from other individuals. Hence, development of mutual understanding with each other is regarded as vital in order to reinforce cordiality and amiability in terms and relationships. As a consequence, one will not tend to hurt the feelings and sentiments of other individuals, including family and community members.

It is well-understood, when one is reinforcing listening skills, one will be able to contribute efficiently in alleviating different types of criminal and violent acts. Hence, it is well-understood that when one is communicating and treating each other with respect and courtesy, one will be able to form cordial and amiable terms and relationships with each other.

In this manner, different types of criminal and violent acts will be eliminated within and outside the homes. One of the important aspects that needs to be taken into account is, one will incur the feelings of pleasure and contentment. Therefore, developing mutual understanding with each other is a notable measure to be implemented in eliminating different types of criminal and violent acts.

Promoting Health and Well-being

The individuals, belonging to all communities, categories and socio-economic backgrounds are required to be well-equipped in terms of different types of factors, which are facilitating in promoting health and well-being. Some of these are, focusing on diet and nutrition; getting engaged in exercises and physical activities; practicing the techniques of yoga and meditation; obtaining medical and health care check-ups on regular basis; coping with psychological problems of anger, stress, anxiety, frustration and depression; promoting a normal mind-set; maintaining cleanliness; forming an effective social circle, comprising of family and community members; alleviating loneliness; being well-informed in terms of job duties and responsibilities and being well-aware in terms of methodologies and procedures (Brogaard, 2015).

The individuals get engaged in different types of criminal and violent acts as a consequence of experiencing of health problems and psychological problems. The main reason being, when they are unable to carry out certain job duties in an adequate manner, they get overwhelmed by the feelings of anger and frustration. These feelings are enabling individuals to get engaged in different types of criminal and violent acts. Hence, it is of utmost significance to pay attention towards promoting good health, physically and psychologically. Therefore, promoting health and well-being is a favourable measure to be implemented in eliminating different types of criminal and violent acts.

Effects of Criminal and Violent Acts

When conducting research on different types of criminal and violent acts, it is necessary to acquire an efficient understanding of the effects of criminal and violent acts. The health conditions of the individuals get effected from both physical as well as psychological perspectives. Hence, individuals need to work diligently towards curbing these acts. Furthermore, these are prevented from giving rise to impediments within the course of putting into practice different types of tasks and activities. But it is unfortunate to note that effects of criminal and violent acts are unfavourable on not only health conditions of the individuals, but also overall standards of living (Chapter – 3, n.d.). Therefore, effects of criminal and violent acts are, experiencing different types of health problems and illnesses; being overwhelmed by various types of psychological problems; terms and relationships get impeded with others; leading to decline in motivation and concentration levels and occurrences of setbacks within the course of implementation of job duties. These are stated as follows:

Experiencing different types of Health Problems and Illnesses

The individuals experience different types of health problems and illnesses as a consequence of occurrences of different types of criminal and violent acts. Some of these include, pain in the joints, high blood pressure, low blood pressure, kidney disorders, heart problems, diabetes, wounds, injuries, visual impairments, hearing impairments and so forth. As a consequence of being subjected to physical abuse and grievous hurt, the occurrence of different types of health problems and illnesses is regarded as vital. The family members in natal and marital homes get engaged in the criminal and violent act of domestic violence. This plays an important role in affecting the health conditions of the individuals, both physically and psychologically. Furthermore, within professional settings as well, educators, supervisors, employers, classmates and colleagues are getting engaged in different types of these acts. Therefore, experiencing different types of health problems and illnesses is regarded as one of the indispensable effects of criminal and violent acts.

Being overwhelmed by various types of Psychological Problems

The victims experience various setbacks within the course of putting into operation different types of tasks and activities. Hence, they get overwhelmed by various types of psychological problems. The root cause is experiencing of different types of criminal and violent acts. The different types of psychological problems are anger, stress, anxiety, frustration and depression. As a consequence, one experiences decline in different types of activities that were once enjoyed. The reason being, one may get overwhelmed by the negative feelings of anger and frustration, when one is not putting into operation different types of job duties and responsibilities in a well-ordered manner.

Furthermore, one will experience setbacks within the course of achievement of desired goals and objectives. As a consequence, one feels angry and frustrated. Furthermore, one feels depressed and gets overwhelmed by anxiety disorders. In this manner, terms and relationships among individuals also get impeded. Therefore, it can be stated, being overwhelmed by various types of psychological problems is one of the critical effects of criminal and violent acts.

Terms and Relationships get impeded with others

The different types of job duties and responsibilities within personal and professional lives are put into operation on one's own or through taking help and support from other individuals. Hence, development of mutual understanding with each other is regarded as vital in order to reinforce cordiality and amiability in terms and relationships. As a consequence, of occurrences of different types of criminal and violent acts with other individuals, including family and community members, this is apparently understood that terms and relationships among individuals get impeded. The individuals are not in a position to take any help and support from others, as due to their conduct, they have disappointed and hurt the feelings of others. The individuals in this manner, bring communication terms to an end. This may be forever or for certain period of time. The victims are family and community members. Therefore, terms and relationships get impeded with others is an adverse effect of criminal and violent acts.

Leading to decline in Motivation and Concentration Levels

The individuals, belonging to all occupations, communities, categories and socio-economic backgrounds are required to put into practice different types of job duties and responsibilities within and outside the homes. Hence, it is necessary to lead to up-gradation of motivation and concentration levels. As a consequence of being subjected to different types of criminal and violent acts, individuals experience decline in motivation and concentration levels. The reason being, one may get infuriated, when one is not putting into operation different types of job duties and responsibilities in a well-ordered and satisfactory manner. Furthermore, one will experience setbacks within the course of achievement of desired goals and objectives. As a consequence, one feels angry and frustrated and put into operation different types of criminal and violent acts. This takes place in one's personal and professional lives. Hence, it is vital for individuals to hone their concentration levels and not get engaged in different types of these acts. Therefore, leading to decline in motivation and concentration levels is a disadvantageous effect of criminal and violent acts.

Occurrences of Setbacks within the course of Implementation of Job Duties

As a consequence of being subjected to different types of criminal and violent acts, individuals experience decline in motivation and concentration levels. The reason being, one may get infuriated, when one is not putting into operation different types of job duties and responsibilities in a disciplined, well-organized and satisfactory manner. Furthermore, one will experience setbacks within the course of achievement of desired goals and objectives. Hence, it is understood on a comprehensive basis that there are occurrences of setbacks within the course of putting into operation different types of job duties. In this manner, one is unable to experience setbacks in meeting the expectations of family members, educators, employers, and supervisors. Hence, the critical-thinking, analytical and problem-solving skills of the individuals get impeded. In this manner, there are occurrences of setbacks within the course of putting into operation different types of job duties. Therefore, occurrences of setbacks within the course of implementation of job duties are an unfavourable effect of criminal and violent acts.

Eliminating Criminal and Violent Acts are Essential in Leading to Progression

The individuals in their personal and professional lives are required to carry out different types of job duties and responsibilities in a satisfactory manner. These are put into operation on one's own or through taking help and support from other individuals. Hence, development of mutual understanding with each other is regarded as vital in order to promote well-being and goodwill of oneself and others. As a consequence, one will not tend to hurt the feelings and sentiments of other individuals, including family and community members. It is well-understood, when one is reinforcing listening skills, one will be able to contribute efficiently in alleviating different types of criminal and violent acts.

Hence, it is well-understood that when one is communicating and treating each other with respect and courtesy, one will be able to form cordial and amiable terms and relationships with each other. Hence, it is necessary for individuals to understand on a comprehensive basis that one needs to put emphasis on treating others with respect and courtesy.

Furthermore, there should not be any room for any types of criminal and violent acts. Therefore, it is understood on a comprehensive basis that eliminating criminal and violent acts are essential in leading to progression.

It is necessary for individuals to be well-equipped in terms of the factor that one needs to reinforce a constructive approach in terms of all individuals. The strengthening of positivity in viewpoints and perspectives will be facilitating in curbing all types of criminal and violent acts. In this manner, one will be able to contribute efficiently in creating an amiable and pleasant environment within homes. Hence, it can be stated, reinforcement of positivity in viewpoints and perspectives is regarded as vital in forming cordial and amiable terms and relationships with each other.

As a consequence, one will be able to put into practice communication processes in a satisfactory manner; treat each other with respect and courtesy; make provision of factual information and possess an approachable nature and amiable attitude. One of the important aspects that needs to be taken into account is, one needs to reinforce the traits of helpfulness and co-operation. These are regarded as essential in promoting well-being and goodwill of all individuals. Furthermore, one will be able to develop mutual understanding with all individuals, including family and community members. Therefore, it can be stated, that eliminating criminal and violent acts are essential in leading to progression.

The individuals, belonging to all communities, categories and socio-economic backgrounds are required to be well-equipped in terms of different types of factors, which are facilitating in promoting health and well-being. Some of these are, implementing effective communication processes with family and community members; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; coping with psychological problems of anger, stress, anxiety, frustration and depression; taking out sufficient amount of time for all tasks and activities; making wise and productive decisions regarding various areas; forming an effective social circle, comprising of family and community members; alleviating loneliness; being well-informed in terms of job duties and responsibilities and being well-aware in terms of methodologies and procedures.

The individuals get engaged in different types of criminal and violent acts as a consequence of experiencing of health problems and psychological problems. Hence, it is of utmost significance for all individuals to be well-informed in terms of essential measures. In addition, one needs to put emphasis on putting these into practice in a satisfactory manner. Hence, it is of utmost significance to pay attention towards promoting good health, physically and psychologically. Good health is facilitating in preparing individuals adequately in bringing about improvements in their overall personality traits and standards of living. Therefore, it is well-understood that eliminating criminal and violent acts are essential in leading to progression.

Conclusion

Criminal and violent acts are experienced by individuals, belonging to all communities and socio-economic backgrounds. Measures to be implemented in eliminating different types of criminal and violent acts are, forming positive viewpoints regarding all individuals, reinforcing a constructive approach, implementing effective communication processes, treating others with respect and courtesy, honing listening skills, being well-informed in terms of job duties and responsibilities, being well-aware in terms of methodologies and procedures, managing financial resources, developing mutual understanding with each other and promoting health and well-being. Effects of criminal and violent acts are, experiencing different types of health problems and illnesses; being overwhelmed by various types of psychological problems; terms and relationships get impeded with others; leading to decline in motivation and concentration levels and occurrences of setbacks within the course of implementation of job duties. Eliminating criminal and violent acts are essential in leading to progression. Finally, it can be stated, eliminating criminal and violent acts is vital in promoting well-being of oneself, family and community members.

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